






addenbrooke's

High on the agenda this month:

-  Meet the committee
-  Collecting requests
-  Become an RA trainer

Issue 1

November 2011

Welcome to the first edition of our new Radio Addenbrooke's newsletter.

The committee have decided to start this monthly publication to help keep everyone informed about what's going on at Radio Addenbrooke's (RA). It will be sent to all volunteer email addresses, and paper copies will also be available in the studio for those who don't have easy access to a computer.

If you've got something you would like to put in the newsletter, please contact Tara, our public relations officer (contact details below). It can be anything from good news stories to missing CD's to just a good RA experience that you want to share. We want to hear from you!

This month you'll find information on how you can contact the new committee, and get to meet Monday and Thursday night volunteer Brian Woods.

Best wishes.

Got something you would like to put in next month's newsletter? Email Tara at tara.crabtree@radioaddenbrookes.co.uk, or leave a message in the Thursday pigeonhole in the studio.

Meet the new committee

At July's AGM our new committee was appointed. For those of you who couldn't make it (or just need a reminder), here's a break-down of who does what and how you can contact us.

Richard Saunders – Chairman
Email: Richard.Saunders@radioaddenbrookes.co.uk

Michelle Rowe – Vice Chairman
Email: Michelle.Rowe@radioaddenbrookes.co.uk

Bent Larsen – Studio Manager
Email: Bent.Larsen@radioaddenbrookes.co.uk

Phil Rowe – Station Engineer
Email: Phil.Rowe@radioaddenbrookes.co.uk

Sam Holloway – Programme Controller
Email: Sam.Holloway@radioaddenbrookes.co.uk

Jean Mann – Secretary
Email: Jean.Mann@radioaddenbrookes.co.uk

You can also send an email to the whole committee at committee@radioaddenbrookes.co.uk.

Judy Saunders – Joint Membership Secretary
Email: Judy.Saunders@radioaddenbrookes.co.uk

Lesley Gunn – Joint Membership Secretary
Email: Lesley.Gunn@radioaddenbrookes.co.uk

David Barlow – Treasurer
Email: David.Barlow@radioaddenbrookes.co.uk

Richard Clover – Webmaster
Email: Richard.Clover@radioaddenbrookes.co.uk

Tara Crabtree – Public Relations Officer
Email: Tara.Crabtree@radioaddenbrookes.co.uk

Collecting requests

As we all know, Radio Addenbrooke's is first and foremost about providing a service to patients. It is therefore policy to have patient requests as part of every programme broadcast. All volunteers should try to make an effort to visit wards to collect patient requests; obviously in some cases this isn't possible, and you are not expected to ward visit if you are unwell, there is insufficient time, wards are closed or there are team shortages. However, wherever possible please make sure that you have patient content and/or requests in your programmes.

An up-to-date list of wards is kindly being produced by Mike.T, and Sam, our Programme Controller, will be changing the sign-in sheet in the studio to record what wards have been visited. Whilst this may seem extreme, it will help us to ensure that we visit a variety of wards, and that all patients have the opportunity to make requests. This is what we're all about, and we appreciate your support.



Please remember to always sign in and out when you visit the RA studio

T3 terminals

Three quarters of the wards have now been converted to the new digital T3 sets. The remaining quarter are due to be upgraded shortly, but please make sure to check the list near the sign-in book to see what wards are upgraded.

Remember, we've now moved to Channel 5 on the new terminals, and patients can no longer use *3181 to contact us. Please make sure to remind them of the correct way to get in touch if you're playing any of our jingles with the old number in.



One of the new T3 terminals

Become an RA trainer

We currently have six people in the queue waiting to join the Radio Addenbrooke's team. Once their paperwork has been completed, they will need training – and that's where you come in. Phil has taken a well-

deserved step back from training, so we need more people to help our new recruits get started. If you think you can help, please contact the committee at committee@radioaddenbrookes.co.uk.

Starters, leavers & changers

A warm welcome to:
Kate Rock, who joins Wednesday evenings.

It's all change for:
Alice Rae-Gilbert, who will be helping out on a Sunday as well as a Thursday night.

A fond farewell to:
Adam Roberts, Chris Wright, Mark Method, Evie and Amelia.

Dates for your diary

November 3 – Team meeting

November 6 – RA group photo

December 7 – Team Christmas meal

Introducing...

Every month we'll be meeting a Radio Addenbrooke's show or volunteer. This month, meet Brian Woods...

Brian has been volunteering with us for more than six years now, so he's a well-known face in the Radio Addenbrooke's team. He co-produces a show on Wednesday alongside Bent, and with the help of Carolyn, runs his Music is Medicine show from 4pm-7pm on a Thursday. On top of all that, he also finds the time to volunteer as Assistant Librarian, helping to organise and file all our music.

What do you enjoy most about volunteering?

"For me the most important thing is visiting the wards. I love meeting the patients and enjoy playing the music. I've got eclectic taste, so I like everything across the board."

Do you have any particularly memorable moments from volunteering here?

"Alongside Bent on the Wednesday Afternoon Teatime Show with Bent Larsen, we have played host to over 300 guests, including authors, actors and doctors. The most memorable was probably helping to interview Andrew Lansley, now the Health Secretary, when he was Shadow Minister."



Brian hard at work in the studio

Tell us a bit about your show

"Well on a Thursday I do a Music is Medicine programme. I like to have a theme for every show, such as 'cities' or 'colours' and then ask patients to think of songs that relate to the theme. It really encourages people to get involved, and develops the relationship between us and the patients. Of course, patients can still call up and request anything they like!"

"I also tend to run a competition and give away prizes."

Tell us an interesting fact about yourself.

"I'm a crossword fanatic, and really enjoy drawing cartoons."

If you would like yourself or your show to feature as next month's 'Introducing...', please contact Tara at tara.crabtree@radioaddenbrookes.co.uk.